



Planned Parenthood of Delaware

## Healthy Sexuality: What you need to know!

Workshop for young adults with ID/DD

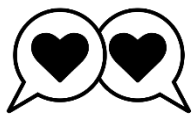
Thursday, March 12, 2020

3:00pm-5:00pm

Stockley Center, Georgetown, DE



Do you have questions about sexuality?  
Are you just curious to learn more?  
Come join us! This fun and interactive workshop is designed to empower young adults with ID/DD to learn and develop skills to navigate healthy sexuality. Topics include relationships, STI's, anatomy, consent and safer sex practices. **Every participant will receive a "Celebrate Neurodiversity!" T-shirt.**



Created by Martin Markstein  
from Noun Project

## Let's Talk!

Parent / Caregiver Workshop on

Thursday, March 12, 2020

3:00pm-5:00pm

Stockley Center, Georgetown, DE



This interactive workshop is designed to empower parents / caregivers to be sexuality educators for their children, teens & young adults with developmental disabilities. Topics include effective parent-child communication, how to answer sex questions and sexual development across the lifespan.

**To register for either workshop,  
email [ikaufman@ppde.org](mailto:ikaufman@ppde.org)  
or call 302-224-8099 ext. 3**

**FAQ**



## FAQ

**Why sex education?** Sexuality is a natural, healthy and lifelong part of being human, regardless of disability. As part of self-advocacy, it is important that all people learn how to have healthy relationships and practice safer sex.

### **Where are the March 12<sup>th</sup> workshops located?**

The Stockley Center, 26351 Patriots Way, Georgetown, DE 19947. We will have signs pointing towards the conference rooms.

**Is there a workshop my parent's/guardians can attend?** Yes, we are hosting a parent/caregiver workshop at the same time, in a separate room.

### **Can I request CART or deaf interpretation?**

Absolutely! ASL interpretation or CART services are available upon request, please let us know by **February 17<sup>th</sup>, 2020**.

### **Is this workshop a scent-free zone?**

Yes. Please avoid strong perfumes so the space is accessible for everyone. All our workshops are scent free.

**Is the workshop in a wheelchair accessible space?** Yes, all our workshop locations are wheelchair accessible.

**Are personal support workers/attendants welcome?** Absolutely!

### **Is this workshop free to attend?**

Yes, it is! Please make sure to register ahead of time to reserve your spot. This workshop is funded by the Delaware Developmental Disabilities Council.

**Who will teach the workshops?** Expert educators from Planned Parenthood of Delaware will facilitate the workshops.

**I'm in! How do I register? Please email [ikauffman@ppde.org](mailto:ikauffman@ppde.org) or call 302-224-8099 Ext.**

**3. When you register please provide the following:**

- Name
- County (NCC, Kent, Sussex)
- Identify if you are a person with an intellectual/developmental disability or a parent/guardian
- If parent or guardian, age of child(ren)/adult with intellectual/developmental disability.
- Any dietary restrictions or allergies.
- Requests for CART or ASL interpretation and any other access needs.

### **Upcoming Workshops for Adults with Developmental Disabilities:**

Consent and Sexuality/Internet Safety: April 3<sup>rd</sup>, 2020 2:00pm-4:00pm

Wilmington Planned Parenthood, 625 North Shipley Street, Wilmington, DE 19801

Healthy Relationships and the ABC's of LGBTQ: May 8<sup>th</sup> 2020 5:00pm-7:00pm

Dover Public Library 35 Loockerman Plaza, Dover, DE 19901



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